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| Case: Jeannie  Focus - Chief Compliant – sleeping problems at night time – GFHP 5 Sleep & Rest  Related problem – Heavy study workload & debate competition – GFHP 2 Stress & Coping  General health – Delay period for 2 weeks; sexually active with BF – GFHP 7 Sexually & Reproductive   |  |  | | --- | --- | | Character: | Trouble falling asleep | | Onset: | 1 week | | Location: | Not applicable | | Duration: | 1-3 hours in bed | | Severity: | Restlessness & fully awake during the first 1-3 in bed | | Pattern: | Insomnia every night but left sleepy during daytime | | Associated factors: | Stress level – higher make worsens |  * Stress & Coping: Heavy study workload – 2 tests & debate competition past week and 2 assignment deadlines this week * Sexually & reproductive: Delay period for 2 weeks which is regular since 12 year-old at 28 day-cycle; G0P0; sexually active with BF for one year (dating since year 1 of study in U) – use condom and safety period occasionally as contraceptive measure * Family information for genogram:   + Step father – Alive at age 45, healthy   + Mother – Alive at age of 38, healthy   + Boyfriend – Alive at age 20, healthy   + Younger brother (from stepfather, no biological relationship with Jeannie) - Alive at age 18, healthy   + No next generation yet |

# Script For Role Play

Abbreviation: N=Nurs; P=Patient; F=Friend